



# January 2026 Regular Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>8 oz. carton of 2% milk is served with lunch</p> 	 <p><i>Lunch</i></p>		<p>1 Center is Closed</p> 	<p>2 Baked Fish Filet Glazed Sweet Potatoes Green Beans Cream Puffs</p>
<p>5 Chicken Tetrizzini (Pasta, Vegetables, Cream Sauce) Broccoli/Pears</p>	<p>6 Lemon Peper Fish Filet Pesto Pasta Carrots Pineapples</p>	<p>7 Chicken Caesar Salad With Croutons Pasta Salad Jello</p>	<p>8 Herb Encrusted Pork Chop Sauerkraut Brown Rice with Peas &amp; Carrots/Pudding Cup</p>	<p>9 Beef Stew with Potatoes And Vegetables Mixed Vegetables Applesauce</p>
<p>12 Chicken Pot Pie Broccoli Carrots Fruit Crisp</p>	<p>13 Meat Lasagna Brussels Sprouts Roasted Zucchini Fruit Cocktail</p>	<p>14 Pork Tenderloin with Apple Gravy Roasted Butternut Squash/Peas Cookies</p>	<p>15 Roast Turkey Mashed Potatoes Gravy Peppers &amp; onions Fresh Orange Slices</p>	<p>16 Breaded Fish Filet Scalloped Potatoes Sauteed Spinach Fig Newtons</p>
<p>19 Center Closed</p> <p><b>Martin Luther King Day</b></p> 	<p>20 Sweet&amp; Sour Pork Brown Rice Asian Blend Veg Muffin</p>	<p>21 Chicken Parmesan Sauce Pasta Green Beans Fresh Fruit</p>	<p>22 Ham Steak Macaroni &amp; Cheese Peas/Peaches</p>	<p>23 Garlic Roasted Chicken Breast/Fice Medley Broccoli Ice Cream</p>
<p>26 Fish Sticks Tater Tots Stewed Tomatoes Ambrosia</p>	<p>27 Honey Mustard Chicken Breas/Orzo Carrots Pears</p>	<p>28 Baked Ziti With Cheese &amp; Sauce/Cauliflower Peas Fresh Fruit</p>	<p>29 French Toast Sticks Syrup Sausage Links Apple Compote Blueberry Muffin</p>	<p>30 Stuffed Cabbage with Sauce Mashed Potatoes Pacific Medley Vegetables Cake</p>