Loder Center

Open Mondays-Fridays, 9am-2pm

Mon	Tues	Wed	Thurs	Fri
2 9am – Coffee & Tea 9:30am – Blood Pressure 10:30am – Chair Zumba 11:30am – Lunch 12pm – B-I-N-G-O!	3 9am – Coffee & Tea 10:30am – Presentation 11:30am – Lunch 12pm – B-I-N-G-O!	4 9am – Coffee & Tea 10:30am – B-I-N-G-O! 11:30am – Lunch 12pm – Chair Zumba	5 9am – Coffee & Tea 10:30am – Presentation 12pm – B-I-N-G-O!	6 9am – Coffee & Tea 10:30am – Lunch 12pm – Mount Airy Casino trip
9 9am – Coffee & Tea 10:30am – Chair Zumba 11:30am – Lunch 12pm – B-I-N-G-O!	10 9am – Coffee & Tea 9:30am – Art/Coloring 10:30am – Lunch 11:40am – Movies	11 CLOSED	12 9am – Coffee & Tea 10am – Arthritis Class 11:30am – Lunch 12pm – B-I-N-G-O!	13 9am – Coffee & Tea 10:30am – Canvas Painting 11:30am – Lunch 12pm – B-I-N-G-O!
16 9am – Coffee & Tea 10:30am – Chair Zumba 11:30am – Lunch 12pm – B-I-N-G-O!	17 9am – Coffee & Tea 10:30am – TOALC Drama Group 11:30am – Lunch 12pm – B-I-N-G-O!	18 9am – Coffee & Tea 10:30am – B-I-N-G-O! 11:30am – Lunch 12pm – Chair Zumba	19 9am – Coffee & Tea 10am – Arthritis Class 11:30am – Lunch 12pm – B-I-N-G-O!	20 9am – Coffee & Tea 10:30am – Canvas Painting 11:30am – Lunch 12pm – B-I-N-G-O!
23 9am – Coffee & Tea 10:30am – Chair Zumba 11:30am – Lunch 12pm – B-I-N-G-O!	24 9am – Coffee & Tea 10:30am – Daily Chronicles 11:30am – Lunch 12pm – B-I-N-G-O!	25 9am – Coffee & Tea 10:30am – Dominoes 11:30am – Lunch 12pm – B-I-N-G-O!	26 CLOSED	27 CLOSED
30 9am – Coffee & Tea 10:30am – Chair Zumba 11:30am – Lunch 12pm – B-I-N-G-O!	November 2026			

62 Analomink St. in East Stroudsburg (570) 420-3745 Manager: Mara Cruz