

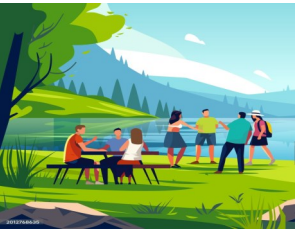

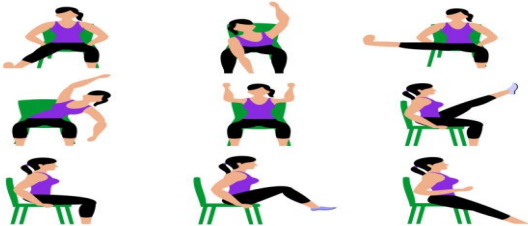




Barrett Senior Center / 570.481.4330 or 570.420.3735  
September 2025 Activities Calendar \*\*Calendar subject to Changes\*\*



	Monday	Wednesday	Friday
<p>The Barrett Senior Center is open Monday , Wednesday, &amp; Friday from 8AM until 1PM (unless noted otherwise)...</p> <p>Lunch ~ Social Time ~ Card Games ~ Wellness Programs ~ Crafts and B-I-N-G-O! Come join the fun!</p>	 <p>1</p>	<p>3</p> <p>9:00 Coffee &amp; Tea 10:00 YMCA Exercise Class With Debbie 11:30 Lunch Hour</p>	<p>5</p> <p>9:00 Coffee &amp; Tea 10:00 BINGO! 11:30 Lunch Hour</p>
	<p>8</p> <p>9:00 Coffee &amp; Tea 10:30 Crafts or Table Games 11:30 Lunch Hour</p>	<p>10</p> <p>9:00 Coffee &amp; Tea 10:00 YMCA Exercise Class With Debbie 11:30 Lunch Hour</p>	<p>12</p> <p>9:00 Coffee &amp; Tea 9:30 Seated Zumba w/Lisa 10:15 BINGO! 12:00 Nutritionist: Water Nutrient with- Linda Steir</p>
	<p>15</p> <p>9:00 Coffee &amp; Tea 10:30 Blood Pressure Screening 11:30 Lunch Hour</p>	<p>17</p> <p>9:00 Coffee &amp; Tea 10:00 YMCA Exercise Class With Debbie 11:30 Lunch Hour</p>	<p>19</p> <p>High Acres Park/Picnic 10-2p.m.</p> 
	<p>22</p> <p>9:00 Coffee &amp; Tea 10:30 Crafts or Table Games 11:30 Lunch Hour</p>	<p>24</p> <p>9:00 Coffee &amp; Tea 10:00 YMCA Exercise Class With Debbie 11:30 Lunch Hour</p>	<p>26</p> <p>Trip to Steam town Museum 10-3:30 p.m.</p> 
<p>If the Pocono Mountain School District is CLOSED due to inclement weather, the Barrett Senior Center is CLOSED, as well.</p>	<p>29</p> <p>9:00 Coffee &amp; Tea 10:30 Crafts or Table Games 11:30 Lunch Hour</p>		<p>9/26/25 9:30 Seated Zumba w/Lisa</p>