



October 2025 Regular Menu



Monday	Tuesday	Wednesday	Thursday	Friday
 6 Tips with Mushroom Gravy Over Egg Noodles Italian Beans Peas & Carrots Apple	 7 Ham & Cheddar Scrambled Eggs Roasted Potatoes Mixed Veg/Pear W. Grain Bread	1 Unstuffed Chicken Mashed Potatoes Mixed Veg Banana	2 Pork Loin Milanese Green Beans Mashed Sweet Potatoes Pineapple tidbits W. Grain Bread	3 Beer Battered Fish Stewed Tomatoes Peas & Carrots Nectarine
13 Roasted Chicken Thigh Brown Rice Pilaf California Veg Blend Orange	14 Pasta Fagioli Carrots Zucchini Nectarine	8 Rosemary Garlic Pork Loin/Red Beets Cauliflower Pineapple Tidbits W. Grain Bread	9 Chicken Scampi Over Brown Rice Snap Peas Stewed Tomatoes Banana	10 Bake Ziti Sliced Carrots Spinach Apple
20 Pierogi with Onions Stewed Tomatoes Carrots Apple	21 Turkey & Pumpkin Stew Broccoli Mixed Veg Tangerine W. Grain Bread	15 Spaghetti & Meatballs Broccoli Mixed Veg Tangerine	16 Turkey Pot Pie Peas Cauliflower Pear	17 Baked Fish Piccata Over Brown Rice Italian veg blend Brussel Sprouts/Banana
27 Salisbury Steak Mashed Cauliflower Cali Blend Veg Orange W. Grain Bread	28 Breaded Chicken Tenders Italian Beans Carrots Apple	22 Bruschetta Chicken Italian Veg Blend Cauliflower Banana W. Grain Bread	23 Roast Beef w/Gravy Mashed Potatoes Italian Beans Orange W. Grain Bread	24 Cheesy tuna bake California Veg blend Green Beans Pear
		29 Sweet & Sour Pork Over Brown Rice Red Cabbage Oriental Vegetables Mandarin Oranges	30 Balsamic Chicken Orzo Italiano Peas & Carrots Banana W. Grain Bread	31 French Toast Sticks Sausage Mixed Veg Applesauce