

# Newsletter



## *Hi **Monroe County** Residents!*

Mosquito season is in full swing in **Monroe County**! The peak season typically runs from May through October. What does that mean for you? Unfortunately, it means the risk for mosquito bites and mosquito-borne pathogens is higher. Recently, in **Monroe County** adult mosquitoes tested positive for West Nile Virus.

Now that West Nile virus activity has been found in the County, here are a few recommendations to limit the spread. If you notice mosquitoes in your backyard, check the area for standing water, in particular unkept pools, tires, flowerpot saucers, bird baths, clogged gutters/down spouting, drainage ditches, and other containers. If you notice these habitats around your property, it is important to drain or dump them as mosquitoes can go through their entire life cycle in as little as four days. Not only could this be a risk to you, but your community too.

Protecting yourself is also important. Mosquitoes are most active from dusk to dawn and limiting your activity during this time can limit your exposure to mosquito bites. Knowing that is not always possible if you plan to be outside wear long sleeves and/or repellent that has at least 30% DEET to prevent bites.

