Mountain Center

Open Tues. Thurs. Fri. 9am-2pm

Mon	Tues	Wed	Thurs	Fri
2	3 9am – Coffee & Tea 10am – Arthritis Class 11:30am – Lunch 12pm – B-I-N-G-O!	4	5 9:30am – Coffee & Tea 11:30am – Lunch 12pm – B-I-N-G-O!	6 9am – Coffee & Tea 10:30am – Presentation 11:30am – Lunch 12pm – B-I-N-G-O!
9	10 9am – Coffee & Tea 10am – Arthritis Class 11:30am – Lunch 12pm – B-I-N-G-O!	11	12 9am – Coffee & Tea 10:30am – Presentation 11:30am – Lunch 12pm – B-I-N-G-O!	13 9am – Coffee & Tea 9:30am – Blood Pressure 11:30am – Lunch 12pm – B-I-N-G-O!
16	17 9am – Coffee & Tea 10am – Arthritis Class 11:30am – Lunch 12pm – B-I-N-G-O!	18	19 9am – Coffee & Tea 11:30am – Lunch 12pm – B-I-N-G-O!	20 9am – Coffee & Tea 10am – Zumba 11:30am – Lunch 12pm – B-I-N-G-O!
23	24 9am – Coffee & Tea 10am – Arthritis Class 11:30am – Lunch 12pm – B-I-N-G-O! Poke-A-Nose Pottery	25	26 CLOSED	27 CLOSED
30	November 2026			

354 Memorial Blvd. in Tobyhanna (570) 894-3272, ext. 134 Manager: Barbara Schlegel