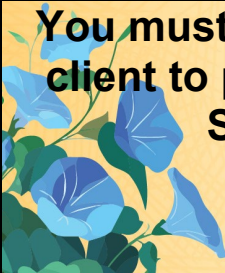


Monday	Tuesday	Wednesday	Thursday	Friday
 You must be a current client to participate in Senior Center activities.	Blood Pressure Screening with Rachel Wydra.	9:30 Coffee & Tea Social 10:30 LVHN/ Jamie Chase “Healthy Aging Through Emergency Preparedness” 11:30 Lunch Hour 12:00 Puzzle, Card Games		9:00 Coffee & Tea Social 10:30 Exercise Video 11:30 ~ Lunch Hour 12:00 B-I-N-G-O!
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		9:30 Coffee & Tea Social 10:00 Blood Pressure 11:30 Lunch Hour 12:00 Puzzle, Card Games	September 2026 **Calendar Subject to Change** 	