





# Loder Senior Center / 570.420.3745

## May 2026 Activities Calendar **\*\*Subject to Changes\*\***



Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>**If the East Stroudsburg School District is CLOSED due to inclement weather, the Loder Senior Center is CLOSED, as well.</b></p>	<p><b>For all activities you must be a senior center participant.</b></p>			<p>1 Center is Closed</p>
<p>4 9:00 Coffee &amp; Tea <b>10:30 Chair Zumba with Lisa</b> 11:30 Lunch Hour 12:30 B-I-N-G-O!</p>	<p>5 9:00 Coffee &amp; Tea 10:30 Cinco De Mayo Word Game 11:30 Lunch Hour 12:30 B-I-N-G-O!</p>	<p>6 9:00 Coffee &amp; Tea Social 11:30 Lunch Hour 12:00 B-I-N-G-O!</p>	<p>7 9:00 Coffee &amp; Tea <b>10:00 YMCA Exercise Class</b> 11:30 Lunch Hour 12:30 B-I-N-G-O!</p>	<p>8 <b>Mothers Day Event</b> 9:30 Zumba Class w/Lisa <b>10:30 Woman's Health/AmeriHealth w/Cindy</b> 12:00 Music with Frank Sinatra</p>
<p>11 9:00 Coffee &amp; Tea 10:00 Blood Pressure <b>10:30 Chair Zumba w/Lisa</b> 11:30 Lunch Hour 12:30 B-I-N-G-O!</p>	<p>12 9:00 Coffee &amp; Tea 10:00 Table Games 11:30 Lunch Hour <b>12:00 PA Care Kit/Scam Prevention w/Rep. Maureen Madden</b></p>	<p>13 9:00 Coffee &amp; Tea Social 11:30 Lunch Hour 12:30 B-I-N-G-O!</p>	<p>14 9:00 Coffee &amp; Tea <b>10:00 YMCA Exercise Class</b> 11:30 Lunch Hour 12:30 B-I-N-G-O!</p>	<p>15 9:00 Coffee &amp; Tea <b>10:30 Game of Dominoes</b> 11:30 Lunch hour 12:00 B-I-N-G-O!</p>
<p>18 9:00 Coffee &amp; Tea <b>10:30 Chair Zumba with Lisa</b> 11:30 Lunch Hour 12:30 B-I-N-G-O!</p>	<p>19 9:00 Coffee &amp; Tea <b>10:00 Word Game</b> 11:30 Lunch Hour 12:30 B-I-N-G-O!</p>	<p>20 9:00 Coffee &amp; Tea Social 11:30 Lunch Hour 12:30 B-I-N-G-O!</p>	<p>21 9:00 Coffee &amp; Tea <b>10:00 YMCA Exercise Class</b> 11:30 Lunch Hour 12:30 B-I-N-G-O!</p>	<p>22 10:00 Coffee &amp; Cookies 10:30 Board Games/Puzzles 11:30 Lunch Hour 12:00 B-I-N-G-O!</p>
<p>25 Center Is Closed</p> <div style="text-align: center;">  </div>	<p>26 9:00 Coffee &amp; Tea 10:30 Chair Exercise Video with Daisy Saunders 11:30 Lunch Hour 12:30 B-I-N-G-O!</p>	<p>27 9:00 Coffee &amp; Tea Social 11:30 Lunch Hour 12:30 B-I-N-G-O!</p>	<p>28 9:00 Coffee &amp; Tea <b>10:00 YMCA Exercise Class</b> 11:30 Lunch Hour 12:30 B-I-N-G-O!</p>	<p>29 9:00 Coffee &amp; Tea 10:30 Brain Teaser 11:30 Lunch hour 12:00 B-I-N-G-O!</p>