

Monday	Tuesday	Wednesday	Thursday	Friday
3 9:00 Coffee & Tea Social 10:00 Chair Exercise 11:30 Lunch Hour 12:00 B-I-N-G-O!	4	5 9:00 Coffee & Tea Social 10:00 Arthritis Exercise w/Debbie 11:30 Lunch Hour 12:00 Table Games	6	7 9:00 Coffee & Tea Social 10:00 Zumba With Lisa 11:30 Lunch Hour 12:00 B-I-N-G-O!
10 9:00 Coffee & Tea Social 10:00 Chair Exercise 11:30 Lunch Hour 12:00 B-I-N-G-O!	11	12 9:00 Coffee & Tea Social 9:30 Blood Pressure Screening 10:00 Arthritis Exercise w/Debbie Lunch Hour		14 9:00 Coffee & Tea Social 10:00 B-IN-G-O! 11:30 Lunch Hour 12:00 Daily Chronicles
17 9:00 Coffee & Tea Social 10:00 Questions for Open Enrollment w/Laura 11:30 Lunch Hour 12:00 B-I-N-G-O!	 <i>Exercise Class</i>	19 9:00 Coffee & Tea Social 10:00 Arthritis Exercise w/Debbie 11:30 Lunch Hour 12:00 Table Games	20	21 9:00 Coffee & Tea Social 10:00 B-IN-G-O! 11:30 Lunch Hour 12:00 Craft Hour
24 Center Closed	25	26 9:00 Coffee & Tea Social 10:00 Arthritis Exercise w/Debbie 11:30 Lunch Hour 12:00 Table Games	27	28 Labor Day Picnic/The Roof 10:00 Coffee & Tea Social 11:30 Lunch Hour 12:00 Entertainment with Roy Ramos
31 9:00 Coffee & Tea Social 10:00 Chair Exercise 11:30 Lunch Hour 12:00 B-I-N-G-O!				