

Monday

Tuesday

Wednesday

Thursday

Friday

You must be a current client to participate in all activities.



9:30 Coffee & Tea Social
10:00 Arthritis Class w/Debbie
 11:30 ~ Lunch Hour
 12:30 B-I-N-G-O!

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9:30 Coffee & Tea Social
 10:30 Craft or Table Games
 11:30 ~ Lunch Hour
 12:00 B-I-N-G-O!

9:30 Coffee & Tea Social
10:30 Giant Pharmacy/Kim Hassinger "Nutrition and Immunity."
 11:30 ~ Lunch Hour
 12:00 B-I-N-G-O!

9:30 Coffee & Tea Social
10:30 LVHN: Jamie Chase "Healthy Aging Through Emergency Preparedness."
 11:30 ~ Lunch Hour
 12:00 B-I-N-G-O!

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 10:30 Craft or Table Games
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September 2026
 Add a title or monthly theme here.



9:30 Coffee & Tea Social
10:00 Zumba w/Lisa
 11:30 ~ Lunch Hour
 12:00 B-I-N-G-O!

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 12:00 B-I-N-G-O!

Tobyhanna State Park
 10-2p.m.
 10:00 Coffee & Tea
 11:30 Picnic Lunch
 12:00 B-I-N-G-O!

9:30 Coffee & Tea Social
 10:30 Blood Pressure
 11:30 ~ Lunch Hour
 12:00 B-I-N-G-O!