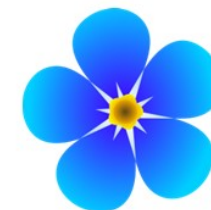




Mountain Senior Center / 570.894.3272 Ext. 134 or 570.420.3735

April 2026 Activities Calendar ****Subject to Changes****



| | Tuesday | Thursday | Friday |
|--|---|--|--|
| <p>The Mountain Senior Center is open Tuesday, Thursday, & Friday from 9AM until 2PM (unless noted otherwise)... Lunch ~ Social Time ~ Card Games ~ Wii Bowling Wellness Programs ~ Crafts ~ B-I-N-G-O! Come join the fun!</p>  |  | <p>2</p> <p>9:30 Coffee & Tea 10:30 Craft or Table Games 11:30 Lunch Hour</p> | <p>3</p> <p>Center is Closed Good Friday</p> |
| | <p>7</p> <p>9:00 Coffee & Tea 10:00 YMCA Exercise Class 11:00 Share Housing w/Kelly Foley 11:30 Lunch Hour 12:30 BINGO!</p> | <p>9</p> <p>9:30 Coffee & Tea 10:00 Healthy Steps for Older Adult/Part One 11:30 Lunch Hour</p> | <p>10</p> <p>9:00 Coffee & Tea 10:00 Healthy Steps for Older Adult/Part Two 2:00 B-I-N-G-O!</p> |
| | <p>14</p> <p>9:00 Coffee & Tea 10:00 YMCA Exercise Class 11:30 Lunch Hour 12:00 Movies at StroudsMall</p> | <p>16</p> <p>9:30 Coffee & Tea 10:30 Craft or Table Games 11:30 Lunch Hour</p> | <p>17</p> <p>9:00 Coffee & Tea 9:30 Zumba with Lisa 11:30 Lunch Hour 12:30 BINGO!</p> |
| | <p>21</p> <p>9:00 Coffee & Tea 9:30 YMCA Exercise Class 10:30 Blood Pressure Screening 11:30 Lunch Hour 12:30 Mt. Airy Casino Trip</p> | <p>23</p> <p>9:30 Coffee & Tea 10:30 Craft or Table Games 11:30 Lunch Hour 12:30 Healthy Steps in Motion With Barbara</p> | <p>24</p> <p>9:30 Coffee & Tea 9:30 Zumba with Lisa 11:30 Lunch Hour 12:30 BINGO!</p> |
| <p>If the Pocono Mountain School District is CLOSED due to inclement weather, the Mountain Senior Center is CLOSED, as well.</p> | <p>28</p> <p>9:00 Coffee & Tea 9:30 YMCA Exercise Class 11:00 Safe Talks with Safe Monroe 11:30 Lunch Hour 12:30 BINGO!</p> | <p>30</p> <p>9:30 Coffee & Tea 10:30 Craft or Table Games 11:30 Lunch Hour 12:30 Healthy Steps in Motion With Barbara</p> | <p>For all activities you have to be registered as a participating client in our centers.</p> |