

Mountain Senior Center / 570.894.3272 Ext. 134 or 570.420.3735

February 2026 Activities Calendar **Calendar Subject to Changes**



	Tuesday	Thursday	Friday
<p>The Mountain Senior Center is open Tuesday, Thursday, & Friday from 9AM until 2PM (unless noted otherwise)...</p> <p>Lunch ~ Social Time ~ Card Games ~ Wii Bowling Wellness Programs ~ Crafts ~ B-I-N-G-O! Come join the fun!</p> 	<p>3</p> <p>9:00 Coffee & Tea 10:00 YMCA Exercise Class 11:30 Lunch Hour 12:30 BINGO!</p>	<p>5</p> <p>9:30 Coffee & Tea 10:30 Amerihealth "Heart Disease and Stroke" 11:30 Lunch Hour</p>	<p>6</p> <p>9:30 Coffee & Tea 11:30 Lunch Hour 12:30 BINGO!</p>
	<p>10</p> <p>9:00 Coffee & Tea 10:00 YMCA Exercise Class 11:30 Lunch Hour 12:30 BINGO!</p>	<p>12</p> <p>9:30 Coffee & Tea 10:30 Current Events Discussions w/Barbara 11:30 Lunch Hour</p>	<p>13</p> <p>Valentines Day 9:30 Seated Zumba w/Lisa 11:30 Lunch Hour 12:00 B-I-N-G-O!</p> 
	<p>17</p> <p><u>Mardi Gras Celebration</u> 9:00 Coffee & Tea 10:00 YMCA Exercise Class 11:30 Lunch Hour 12:30 B-I-N-G-O!</p>	<p>19</p> <p>9:30 Coffee & Tea 10:00 Art/Painting 11:30 Lunch Hour</p>	<p>20</p> <p>9:30 Coffee & Tea 11:30 Lunch Hour 12:30 BINGO!</p>
	<p>24</p> <p>9:00 Coffee & Tea 10:00 YMCA Exercise Class 11:30 Lunch Hour 12:30 BINGO!</p>	<p>26</p> <p>9:30 Coffee & Tea 10:30 Word-In-A-Word 11:30 Lunch Hour</p>	<p>27</p> <p>9:30 Seated Zumba w/Lisa 11:30 Lunch Hour 12:30 BINGO!</p>
<p>If the Pocono Mountain School District is CLOSED due to inclement weather, the Mountain Senior Center is CLOSED, as well.</p>			<p>For a meal reservation please call one week prior and indicate dates. When calling it should be no later than a Tuesday morning by 10:30</p>