



October 2025 lite Menu

Monday	Tuesday	Wednesday	Thursday	Friday
 October	 8 oz. carton of 2% milk is served with lunch	1 Turkey Salad Coleslaw Diced Peaches 2 Slices Bread	2 Chicken Cesar Salad Chickpea Salad Fruit cocktail W.W. Crackers	3 Tuna Salad Carrot Salad Diced Pears 2 Slices Bread
6 Italian Pasta Salad Cucumber & Tomato Salad/Peaches Juice	7 Chicken Breast BLT Broccoli Salad Sliced Apples W.W. Bun	8 Taco Salad Corn & Black Bean Mango Corn Chips	9 Minced Ham Salad Macaroni Salad Pears 2 Slices Bread	10 Garden Salad Hummus & Carrot Sticks Fruit Cocktail W.W. Crackers
13 Dilled Turkey Salad Potato Salad Applesauce 2 Slices Bread	14 Chef Salad Cottage Cheese Tropical Fruit W.W. Crackers	15 Cran-Apple Chicken Salad/Carrot Raisin Salad/Pineapple Tidbits/2 Slices Bread	16 Roast Beef & Cheddar Coleslaw Peaches 2 Slices Bread	17 Egg Salad Three Bean Salad Pears 2 Slices Bread
20 Ham & relish Salad Macaroni Salad Fruit Cocktail 2 Slices Bread	21 Salami & Mozzarella Pea Salad Mango 2 Slices Bread	22 Turkey & Cheese Cucumber Salad Mandarin Oranges 2 Slices Bread	23 Pork & Relish Red Beets Pineapple W.W. Bun	24 Spinach Salad Chickpea Salad Cinnamon Apples W.W. Crackers
27 Chicken Salad Broccoli Carrot Slaw Tropical Fruit 2 Slices Bread	28 Turkey Salad Macaroni Salad Peaches 2 Slices Bread	29 Roast Beef & Cheddar Carrot Raisin Salad Diced Pears 2 Slices Bread	30 Ham & Swiss Sandwich Potato Salad Mango 2 Slices Bread	31 Tuna Salad Coleslaw Pineapple 2 Slices Bread