Don't Let the Ticks Bite!

Word Search

BITE
BLOOD
LARVA
NYMPH
ADULT

CHECK
REMOVE
SPRAY
TWEEZERS
SICK
TRAILS

U S D T D P N B U H
A P A W S O I Y P G
V R P E C T O M I R
R A O E E H Y L E K
A Y I Z Q N E M B E
L D R E H M O C R Y
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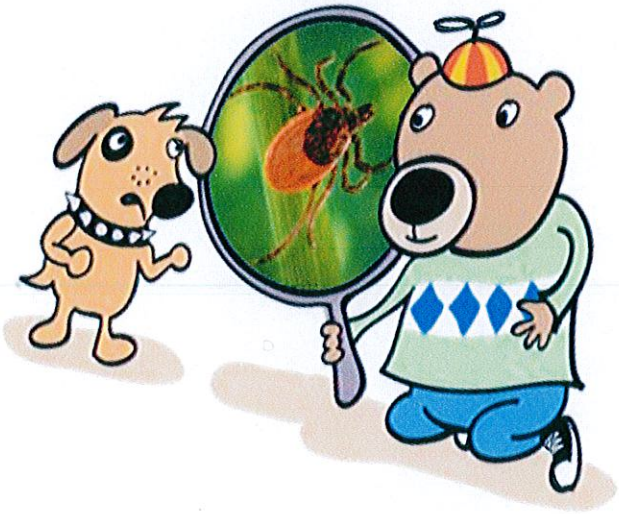
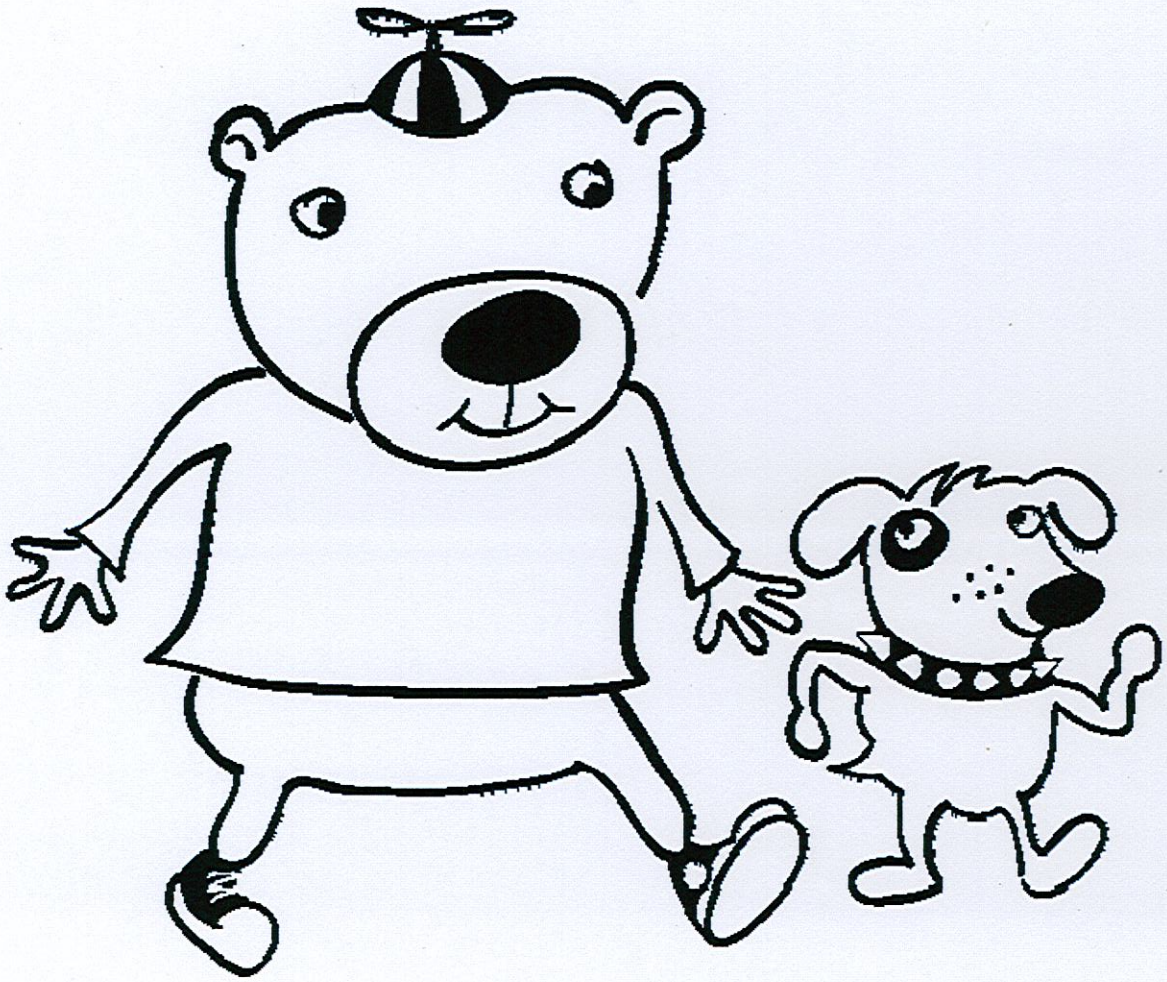
S L I A R T R Y F F
V R T T E Z A L T O

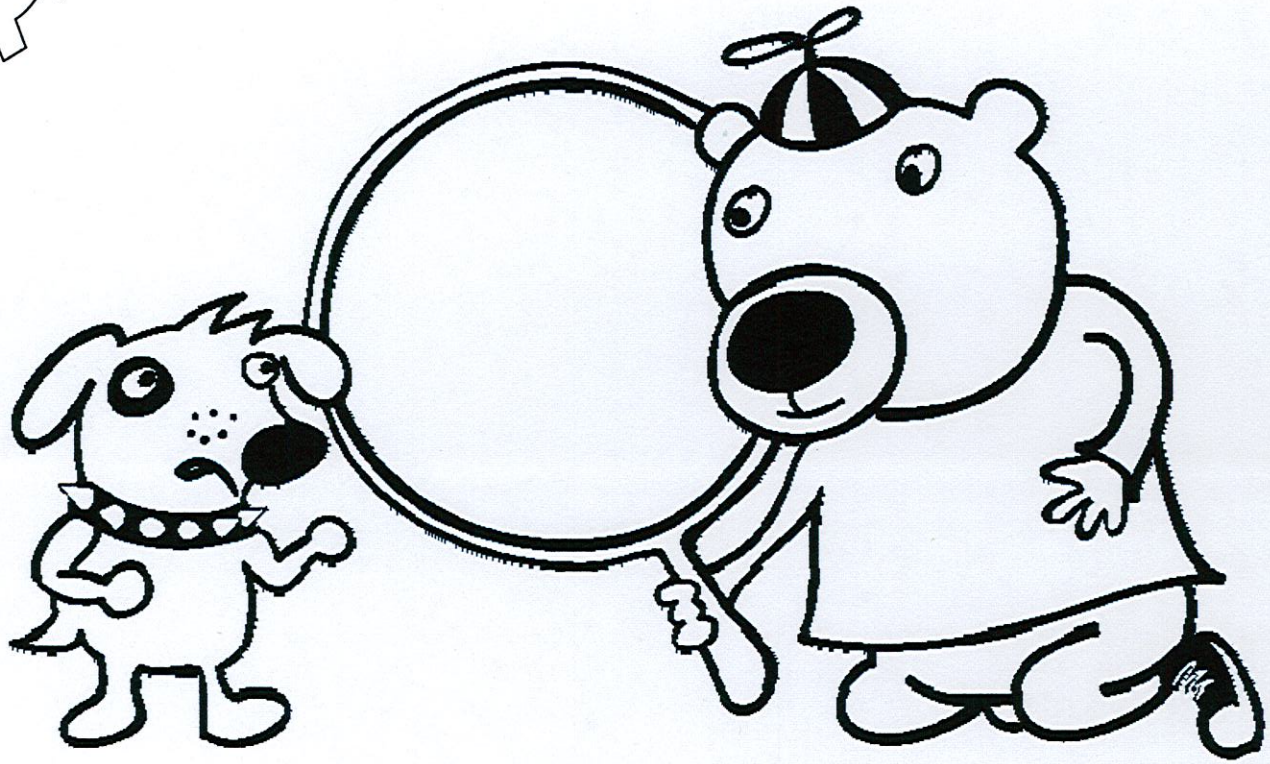


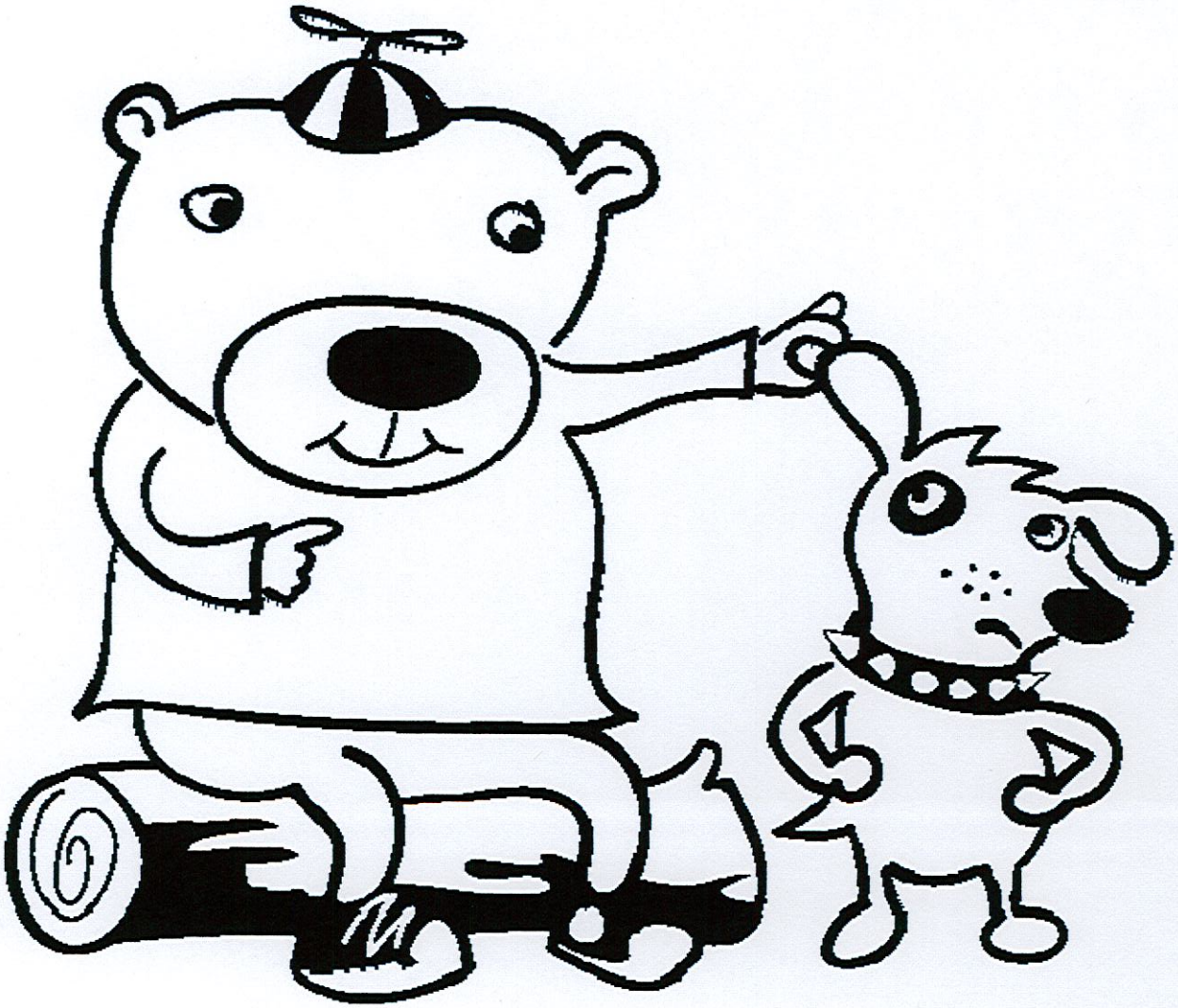
California Department of Public Health
Vector-Borne Disease Section

Timothy Tickfinder and his dog Bullseye



Check for ticks!





Timothy checks himself, Bullseye and other members of his family for ticks regularly.

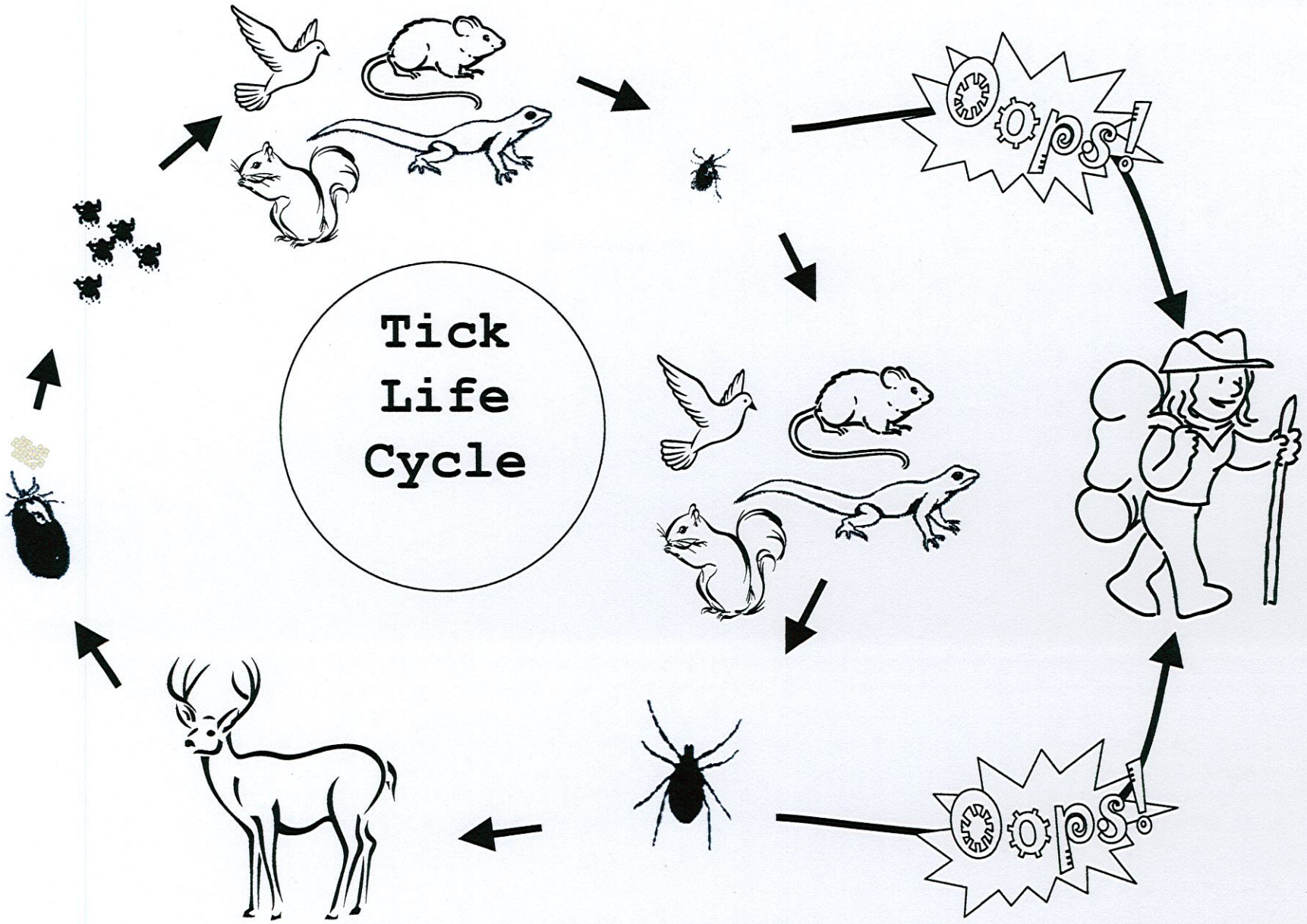
How to remove a tick:

1. Grab the tick close to your skin with the tweezers or a tissue and pull straight out.

2. Wash where the tick bit you.

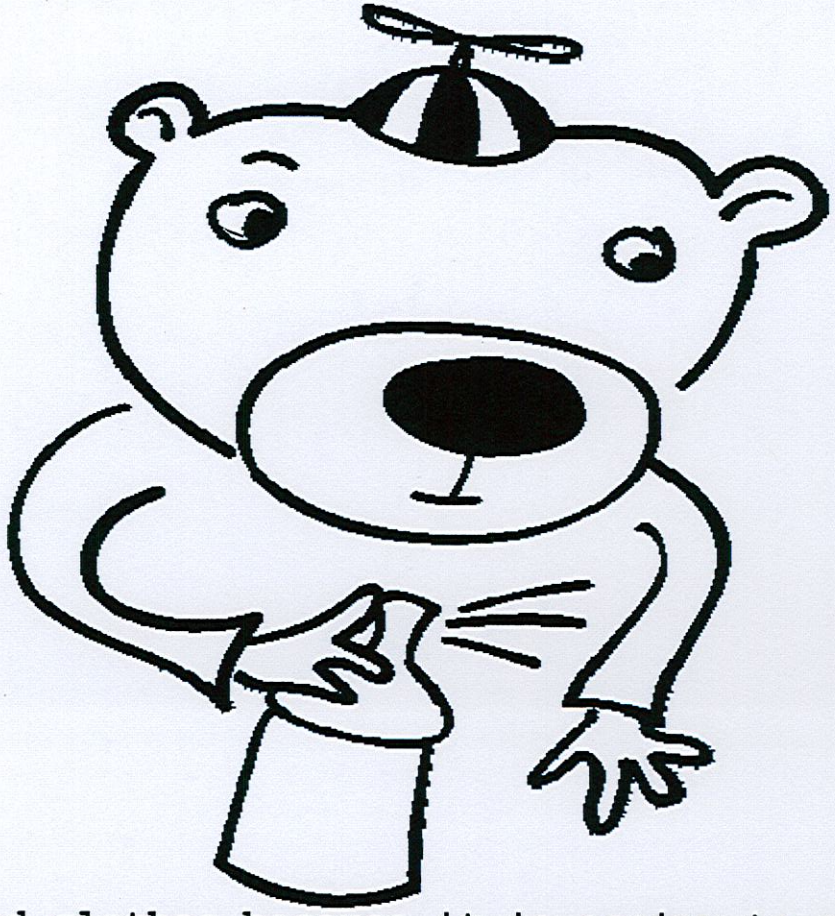
3. Wash your hands.

4. If you get sick after a tick bite you should go to the doctor.



Sometimes nymphs and adult ticks accidentally bite a person instead of an animal.

Timothy is sure to follow these tips to avoid getting bitten by ticks



- ✓ Wear bug spray.
- ✓ Wear light-colored clothes because it is easier to see ticks on them.
- ✓ Wear long pants and a long-sleeved shirt.
- ✓ Tuck your pants into your socks or boots and tuck in your shirt.
- ✓ Stay on trails.