

Loder Center (570) 420-3745. Activities Calendar 2021

****Subject to Changes****



Monday

Tuesday

Wednesday

Thursday

Friday



4 9:00 Coffee & Tea
10:30 Tai-Chi
11:30 ~ Lunch Hour
12:20 B-I-N-G-O!

5 9:00 Coffee & Tea
10:30 Chair Zumba Video
with Daisy.
11:30 Lunch Hour

6 9:00 Coffee & Tea Social
10:30 Canvas Painting
11:30 ~ Lunch Hour

7 9:00 Coffee & Tea
10:00 Arthritis Class
11:30 Lunch Hour
12:20 B-I-N-G-O!

8 9:00 Coffee & Tea
10:30 Fall Craft
11:30 Lunch Hour
12:20 B-I-N-G-O!

11  **Senior Center is Closed**

12 9:00 Coffee & Tea
10:30 Chair Zumba Video
With Daisy
11:30 ~ Lunch Hour

13 9:00 Coffee & Tea Social
10:30 Yoga Stretch
11:30 ~ Lunch Hour
12:20 B-I-N-G-O!

14 9:00 Coffee & Tea
10:00 Arthritis Class
11:30 Lunch Hour
12:20 B-i-n-g-o!

15 9:00 Coffee & Tea
10:30 Chair Dancing
Exercise
11:30 Lunch Hour
12:20 B-I-N-G-O!

18 9:00 Coffee & Tea
10:30 Tracy Fox/Winter Driving and Safety
11:30 ~ Lunch Hour

19 9:00 Coffee & Tea
10:30 Rachael Wydra: Playing Games for Mental Well~Being/11:30 Lunch

20 9:00 Coffee & Tea
10:30 Line Dancing w/Kandy
11:30 ~ Lunch Hour
12:20 B-I-N-G-O!

21 9:00 Coffee & Tea
10:30 Arthritis Class
11:30 Lunch
12:20 B-I-N-G-O!

22 9:00 Coffee & Tea
10:30 Chair Dancing Ex-ercise/11:30 Lunch
12:20 B-I-N-G-O!

25 9:00 Coffee & Tea
10:30 Tai-Chi
11:30 Lunch Hour
12:20 B-I-N-G-O!

26 9:00 Coffee & Tea
10:30 Chair Zumba Video
with Daisy
11:30 Lunch Hour

27 9:00 Coffee & Tea
9:30 Dog Therapy with "Spike*" 
10:00 Yoga Stretch
11:30 ~ Lunch Hour

28 9:00 Coffee & Tea
10:00 Arthritis Class
11:30 Lunch Hour
12:20 B-I-N-G-O!

29 9:00 All Center Meet
At Mountain Center
10:30 Tracy Fox: Winter Driving and Safety Presentation
11:30 Halloween Party and Lunch