

May 2019 Regular



Monday

Tuesday

Wednesday

Thursday

Friday



8oz carton of 2% milk served with lunch



6 Mac & Cheese
Stewed Tomatoes
Chuckwagon Veg Blend
Apricots

7 Paprika Chicken Breast
Yellow Rice Pilaf
Black Bean & Corn Salad
Orange
Whole Wheat Bread

1 Salisbury Steak w/Gravy
Cheesy Mashed Cauliflower
Snap Peas/Sliced Peaches
Whole Wheat Bread

2 Turkey Pot Pie
Broccoli
Butternut Squash
Plum

3 10 Grain Pollock
Spinach
Carrots
Banana

13 Chicken Kiev
Butternut Squash
Broccoli
Applesauce

14 Pork Loin & Apple Gravy
Roasted Diced Potatoes
Green Peas
Whole Wheat Bread
Tangerine

15 Beef Stroganoff/Noodles
Cauliflower
Harvest Medley
Sliced Peaches

16 Baked Lemon Chicken
Zucchini & Squash Blend
Collard Greens
Fruit Cocktail
W.W. Roll

17 Italian Fish/Brown Rice
Stewed Tomatoes
Broccoli & Cauliflower
Banana

20 Italian Frittata
Roasted Potato Wedges
Lima Beans
Whole Grain Bread
Mango

21 Roast Beef w/Gravy
Mashed Potatoes
Italian Green Beans
Whole Wheat bread

22 Sausage & Peppers
W.W. Penne
Carrots
Chuckwagon Blend
Nectarine

23 Chicken Cacciatore
Orzo Italiano
Snow Peas
Pineapple Tidbits

24 Eggplant Rolo/Pasta
Spinach
Yellow squash
Whole Wheat Bread



Memorial Day
Closed

28 Breaded Chicken-Tenders
Red Beets
Lima Beans

29 Pork & Sauerkraut
Brussels Sprouts
Mashed Potato & Cauliflower Blend

30 Orange Curry Chicken
Brown Rice/Red Cabbage
Broccoli/Banana
Whole Wheat Bread

31 American Pierogi
Collard Greens
Mixed veg
Cinnamon Applesauce