

Barrett Senior Center / 570.481.4330

January 2017 Activities Calendar

Monday	Wednesday	Friday
<p>2</p>  <p style="text-align: center;">SENIOR CENTER CLOSED ~ New Year Holiday</p>	<p>4</p> <p style="text-align: center;">10:00 "Exercise & Stretch" with Dr. Natalie 11:30 ~ Lunch</p>	<p>6</p> <p style="text-align: center;">10:00 B-I-N-G-O! 11:30 ~ Lunch</p>
<p>9</p> <p style="text-align: center;">11:00 "HEALTHY EATING CAN BE FUN" (Prime Time Health Presentation) 11:30 ~ Lunch</p>	<p>11</p> <p style="text-align: center;">10:00 "Exercise & Stretch" with Dr. Natalie 11:30 ~ Lunch</p>	<p>13</p> <p style="text-align: center;">10:00 B-I-N-G-O! 11:30 ~ Lunch</p>
<p>16</p>  <p style="text-align: center;">SENIOR CENTER CLOSED ~ MLK Holiday</p>	<p>18</p> <p style="text-align: center;">10:00 "Exercise & Stretch" with Dr. Natalie 11:30 ~ Lunch</p>	<p>20</p> <p style="text-align: center;">10:00 B-I-N-G-O! 11:30 ~ Lunch</p>
<p>23</p> <p style="text-align: center;">11:00 "ARE YOU AT RISK FOR DIABETES?" (Prime Time Health Presentation) 11:30 ~ Lunch</p>	<p>25</p> <p style="text-align: center;">10:00 "Exercise & Stretch" with Dr. Natalie 11:30 ~ Lunch</p>	<p>27</p> <p style="text-align: center;">10:00 B-I-N-G-O! 11:30 ~ Lunch</p>
<p>30</p> <p style="text-align: center;">11:30 ~ Lunch</p>	<p style="text-align: center;">The Barrett Senior Center is open Monday, Wednesday, & Friday from 8:30am until 1:30pm... Lunch - Social Time - Card Games - Wellness Programs & B-I-N-G-O!</p>	<p>If the Pocono Mountain School District is CLOSED due to inclement weather, the Barrett Senior Center is CLOSED, as well...if there is a 2-hour delay, contact the Senior Center @ 570.481.4330 of the Aging Office @ 570.420.3735 to confirm whether the Senior Center is open, or not.</p>